

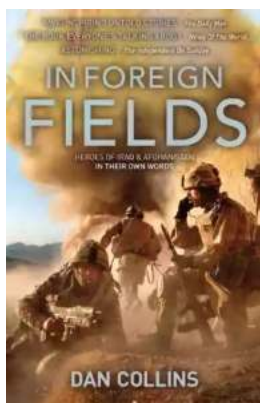
# Heroes Of Iraq And Afghanistan In Their Own Words: The Untold Stories Of Bravery That Will Leave You Speechless

When we think of heroes, images of caped crusaders and comic book icons often come to mind. But there is a whole other group of heroes whose stories deserve to be heard - the brave men and women who have fought in the wars in Iraq and Afghanistan.

These unsung heroes have risked their lives and made unimaginable sacrifices, all in the name of freedom and protecting their fellow countrymen. Their stories are filled with courage, honor, and an unwavering commitment to their missions.

## The Real-Life Heroes

These heroes come from all walks of life - doctors, engineers, teachers, and even college students. They are everyday people who chose to put their lives on hold and serve in the military, answering the call of duty when their country needed them the most.



## IN FOREIGN FIELDS: Heroes of Iraq and Afghanistan in their own words

by Dan Collins(Kindle Edition)

★★★★☆ 4.6 out of 5

Language : English

File size : 2481 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 438 pages

Lending : Enabled



One of these heroes is Sergeant John Adams, a Marine Corps veteran who served three tours of duty in Iraq. His experiences on the battlefield were both terrifying and inspiring.

"Every day was a battle for survival," he recalls. "But seeing the resilience and bravery of my fellow soldiers in the face of danger gave me the strength to carry on. We were a team, and we had each other's backs."

Adams is just one of many who have experienced the horrors of war firsthand. From firefights in the mountains of Afghanistan to improvised explosive devices in the streets of Baghdad, these heroes have witnessed the true cost of war.

## **The Bond of Brotherhood**

One of the most inspiring aspects of these stories is the bond of brotherhood that forms among these soldiers. In the midst of chaos and danger, they rely on one another for support, both on and off the battlefield.

Sergeant Emma Thompson, an Army medic who served in Afghanistan, describes the camaraderie among her fellow soldiers. "We became a family," she says. "No matter what happened, we knew we could count on each other. We shared tears, laughter, and everything in between."

This bond extends beyond their time in service, with many soldiers forming lifelong friendships. They continue to support one another, even after they have returned home and transitioned back to civilian life.

## **The Price of Freedom**

While these heroes are often lauded for their bravery, the toll that war takes on their mental and physical well-being cannot be ignored. Many struggle with post-traumatic stress disorder (PTSD), physical disabilities, and the loss of comrades.

Sergeant Ryan Fitzgerald, an Air Force veteran who served in Iraq, opens up about his struggles after returning home. "It's not easy adjusting back to civilian life," he reveals. "The memories and experiences we carry with us can be overwhelming. But we continue to fight, because we believe in the cause."

These heroes have paid a heavy price for our freedom, and it is our duty as a society to support them and ensure they receive the care they deserve.

## **Recognizing Their Sacrifice**

It is essential that we listen to these heroes and honor their sacrifices. Their stories deserve to be told, not only to inspire future generations but also to shine a light on the realities of war.

In recognition of their service, organizations such as the Wounded Warrior Project and the Gary Sinise Foundation have dedicated themselves to providing support and resources to veterans. They offer a range of services, from physical and mental health care to financial assistance and educational programs.

But supporting these heroes doesn't stop with organizations. Each of us can make a difference by extending a helping hand, showing appreciation, and advocating for policies that prioritize the well-being of our veterans.

## **The Legacy Lives On**

The heroic stories of those who served in Iraq and Afghanistan will never be forgotten. Their bravery and sacrifice have left an indelible mark on our country.

As we reflect on their stories, let us remember that heroes come in many forms. They may not wear capes or have superpowers, but their unwavering dedication and selflessness make them deserving of our admiration and gratitude.

The heroes of Iraq and Afghanistan have faced unimaginable challenges, but it is through their own words that we can truly begin to understand the depth of their courage and sacrifice. Let their stories inspire us to be better, to appreciate the freedoms we enjoy, and to never take their sacrifice for granted.

## **In Their Own Words**

"I never thought of myself as a hero. I was just doing my job." - Sergeant John Adams

"We may have been strangers in the beginning, but we left as brothers and sisters." - Sergeant Emma Thompson

"I may have left the battlefield, but the war still rages within me." - Sergeant Ryan Fitzgerald

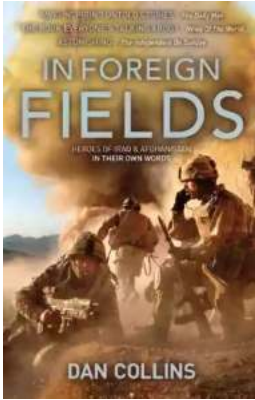
These are the voices of our heroes. Let us listen and learn from their experiences, and may their stories ignite a sense of gratitude and a commitment to supporting those who have served our nation with unwavering valor.

Keywords: heroes of Iraq and Afghanistan, war veterans, bravery, sacrifices, bond of brotherhood, post-traumatic stress disorder (PTSD), recognizing their sacrifice, supporting veterans

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If you only read one book about our troops in Iraq and Afghanistan, read this one. A searing, jolting, action-packed series of 25 amazing tales of courage, by medal-winning soldiers, Royal Marines and RAF men in their own words.

These are the bravest of the brave, a collection of modest, honest, proud Brits who showed true grit when it mattered most.

Sgt Chris Broome CGC saved the life of Pte Johnson Beharry VC and others, and led his bayonet-wielding men in charges on heavily-defended enemy positions.

Sgt Terry Bryan CGC and his multiple were ambushed and fought a running battle through the streets of Basra for 45 minutes, pursued by hundreds of insurgents. They kicked their way into a house and held a mob of 200 at bay for three hours... until they were rescued by a QRF including Cpl Terry Thomson CGC. The QRF lost a man of their own and battled their way through to Bryan and his men with amazing bravery.

CSgt Matt Tomlinson CGC RM and Cpl Shaun Jardine CGC ran straight towards men with machine guns, ignoring a hail of fire to kill their attackers.

Pte Michelle Norris MC climbed up onto the top of a Warrior armoured vehicle, in the middle of a huge firefight, to save the life of her sergeant. Around 60 rounds were fired at her, some clipping her webbing or hitting the vehicle two inches from her body. (She remains the only woman to win the Military Cross.)

LCoH Andrew Radford CGC ran 70 metres through the Taliban's rocket propelled grenades and machine gun fire to rescue a terribly injured mate...then ran all the way back with him on his shoulders.

Lt Tim Illingworth CGC charged Taliban positions on his own, after the Afghan army men with him were killed or fled.

Flt Lt Matt Carter MC jumped out of a flying helicopter, at night, straight into a firefight with the Taliban, because his comrades were in trouble.

Lt Hugo Farmer CGC led his men through ferocious Taliban fire to recover the body of Cpl Bryan Budd VC.

This list goes on and on... astonishing stories by amazing people, of whom Britain should be tremendously proud.

From the elite shock troops of the Parachute Regiment and the Royal Marines, to heroes from other famous regiments like The Royal Anglians, The King's Own Scottish Borderers, The Royal Welch Fusiliers, The Life Guards, The Blues and Royals, The Queen's Dragoon Guards, The Queen's Royal Hussars, The Royal Regiment of Fusiliers, The Princess of Wales's Royal Regiment, The Light Infantry, The Royal Horse Artillery, The Worcestershire and Sherwood Foresters, The Royal Logistic Corps, The Royal Engineers, The Royal Army Medical Corps, The RAF Regiment, and The Territorial Army, these are tales from the very sharp end of modern warfare.

The conflicts in Iraq and Afghanistan may not enjoy popular support, but our soldiers - who do not have the choice of where and who they're fighting for - do.

Each day in these two countries is a desperate battle for survival against deadly and implacable enemy forces, and each day brings new acts of bravery, courage and self-sacrifice that seem to belong to a bygone age. These enthralling and captivating stories shine new light on our fighting men and women.

'Enthralling, awe-inspiring, untold stories' - The Daily Mail

'Excellent... simply unputdownable. Buy this book.' - The Sun

'Modesty and courage go hand-in-hand... an outstanding read.' - Soldier Magazine

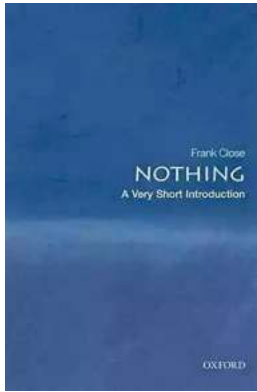
'The book everyone's talking about' - News of the World

'Astonishing feats of bravery' - Independent on Sunday

'A book that was crying out to be written' - Defence Focus

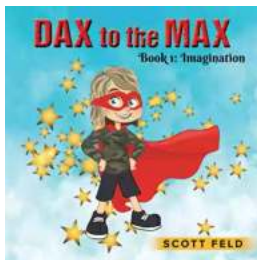
'A remarkable book... an uplifting read' - Pennant

'Riveting and unique... magnificent. A book to savour.' - Dr Richard North, Defence of the Realm



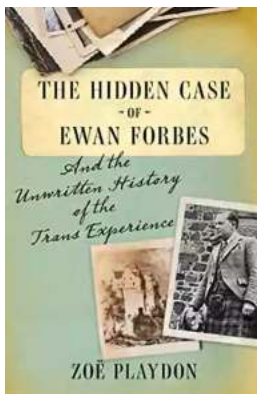
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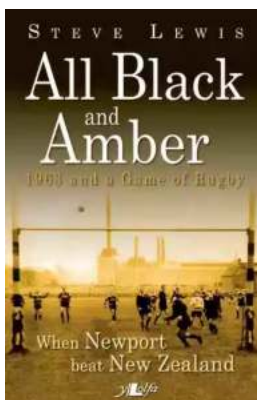
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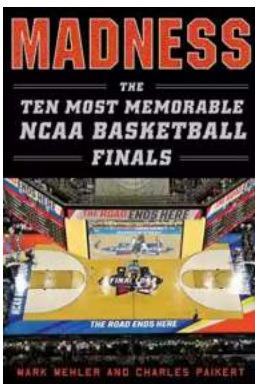
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