

Double Bass Drumming For Drum Set - Mastering the Art of Speed and Power

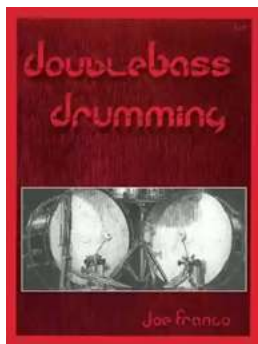


Are you a passionate drummer looking to take your drumming skills to the next level? One technique that can greatly enhance your playing is the art of double bass drumming. Double bass drumming involves using both feet to play the bass drum, adding speed, power, and complexity to your beats. In this article, we will explore the world of double bass drumming and provide you with essential tips to help you master this impressive drumming technique.

Why Invest Time in Double Bass Drumming?

Double bass drumming allows drummers to create a wider range of drum patterns and fills that can add a whole new dimension to their playing. It

enhances rhythmic possibilities and enables drummers to perform lightning-fast beats, intricate fills, and complex footwork patterns that can greatly impress an audience.



Double Bass Drumming: For Drum Set

by Samuel Applebaum (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English

File size : 9149 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Print length : 32 pages



Additionally, double bass drumming can be extremely beneficial for drummers who play in heavy metal, rock, or other genres that require aggressive and fast-paced drumming. It provides a platform to generate more power, speed, and endurance, thus augmenting a drummer's overall musical prowess.

Mastering the Technique

Learning double bass drumming requires dedication, practice, and an understanding of proper technique. Here are some key elements to focus on:

1. Foot Independence

Developing foot independence is crucial in achieving mastery over double bass drumming. Start by practicing simple exercises that involve playing different patterns with each foot separately. Gradually increase the complexity of the exercises to improve coordination and dexterity.

2. Pedal Technique

Experiment with different pedal setups and find the one that suits your playing style. Adjust the tension, beater angle, and height to achieve optimum response and control. Ensure that your foot movements are efficient and relaxed, avoiding unnecessary tension that can hinder speed and accuracy.

3. Stamina and Control

Building stamina and control is essential for executing long and intense double bass drumming sessions. Incorporate exercises that focus on endurance, such as playing at gradually increasing tempos or performing extended drumming sessions with a metronome. Start slow and gradually work your way up to higher speeds, maintaining accuracy and control throughout the process.

4. Syncopation and Groove

While speed and power are key aspects of double bass drumming, it is equally important to maintain a sense of rhythm, groove, and syncopation. Experiment with different rhythmic patterns, syncopated beats, and accents to add musicality to your playing. Listen to drummers known for their double bass drumming skills and study their techniques to incorporate their groove into your own playing style.

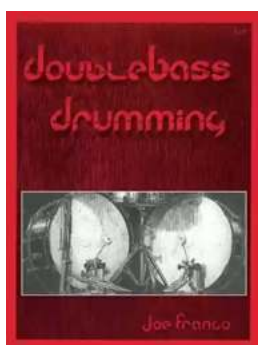
Recommended Exercises and Resources

Here are some exercises and resources to help you on your journey to mastering double bass drumming:

- [Double Bass Drumming Exercise - Beginner Level](#)
- [Double Bass Drumming Exercise - Intermediate Level](#)
- [Double Bass Drumming Exercise - Advanced Level](#)
- [Example Drummer - Double Bass Drumming Lessons](#)

These exercises and resources will provide you with structured practice routines, expert guidance, and inspiration to continually improve your double bass drumming skills.

Double bass drumming is a valuable skill that can take your drumming abilities to new heights. It enhances your playing by adding speed, power, and complexity to your beats, allowing you to explore new musical territories. With determination, practice, and dedication to mastering the technique, you can become an impressive double bass drummer. Remember to start slow, focus on technique, and gradually increase speed and complexity. So grab your drum set, sit behind the kit, and embark on the exciting journey of mastering double bass drumming!



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Joe Franco presents an organized discussion of this powerful and consistent sound in a method he calls "The Single Stroke System." Focusing on beats, fills, and soloing over the double bass roll, this book provides practical applications that will guide a single bass player into the world of playing two bass drums.



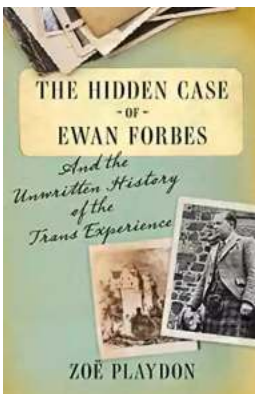
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